

"REFLECTION" – "REFLEKTION"



Heli Väisänen

Born 1967 Harjavalta, lives and works in Rauma, Finland.

I am a printmaker, ceramic artist and Freinet school teacher. I have studied art therapy and empowering photography. I'm a member of both Pori and Rauma Artist associations and the Rauma Printmakers Association. I'm also a member of Keramos, a group of ceramic artists. I take part in groups, like the 'Pouta - group' and the 'Piilevä – group'.

Mostly my works are small prints and ceramic sculptures. I am very curious and interested in learning new things all the time.

In my prints there is usually a positive theme and a little bit of humor. There is always a story behind my works and they play an important role in each of my prints or sculptures. The stories are mainly about how we live and develop as people. These topics, such as friendship, confidence, faith and how we support one another are common to all humans.

To me working is a process. It is about letting go, throwing myself in to the process. During the work process sketches find a new form, or many new forms. My ideas fly and new ideas are born all the time. One work leads to the next one. Whilst working, I usually have many paths to choose from, and I have to decide which one to follow in each particular piece. I really enjoy doing my art work, it gives me great happiness and energy. It is very empowering.

I think that my work also tells something about me and my life. Stories are born from the experiences I have had, and from things I have heard and seen. It makes me very happy, if someone is moved by my work. If my work touches a little bit of someone's soul, makes them feel something - I feel happiness and gratitude. I think it is wonderful to hear how people sometimes come up with stories of their own about my work, and how one work can tell several different stories.

helivaisanen.blogspot.fi

STUDIES IN FINE ARTS

Pori Art School, Finland

Art therapy, Kankaanpää Art School, Finland

teacher, specializing in visual arts

SCHOLARSHIP & HONOURS

Chosen as Rauma Printmakers Association Print of the year 2017

Pori Printmakers association Exhibition scholarship

Pori Art school scholarship

ARTIST RESIDENCIES

Arenys de Mar, Spain


TEACHING FINE ARTS

Rauma Freinet school

Ceramics sculpture, community college Rauma

ACCOMPANYING PUBLICATIONS

2016 Artist Book-*Hidden diatom*, with Irene Rogan (UK) and a group of six Rauma Printmaker

2012 The Image supports  Art therapy book, article with Mansikka & Karttunen: Encounter in picture, Art therapy at school

1997 Adventure at home museum, museum pedagogy workbook, Lönnström's Art museums